

Asian-American Wellness Group

Counselors Stacey Chen and Shirley Chen are hosting a weekly support group for Asian-American students. We hope to co-create a safe space where students can share how they're feeling amidst the pandemic and connect with supportive others. Topics will be guided by student interests and may include emotional coping, mental health, family dynamics, impact on communities, and healing/empowerment as it relates to responding to racism and racial identity.

Wednesdays 2:30-3:30pm starting 3/17/21

**RSVP to Stacey Chen at
stchen@lagcc.cuny.edu**

For special accommodations, email Matthew Joffe
at matthewj@lagcc.cuny.edu.

Note that a request for interpreters must be made
at least two weeks prior to the event.

